

Fairtrade and New Year's Resolutions

It's that time of year when we all think about what we might change over the coming twelve months. Often they don't last very long but we have a few ideas for Fairtrade related resolutions that we might be able to help you keep!

BUY Switching just one item of your normal supermarket shop for a Fairtrade one from the church stall can make a real difference - it might be your washing up liquid, a packet of biscuits or a box of tea bags. Unlike the supermarkets who take their cut, all the money raised on the stall goes back to Traidcraft to support their work.

ACT Sign up to our Facebook page @FairtradeGoldingtonPutnoe for updates on Traidcraft Exchange's campaigning work - there are petitions that you can sign, help with letter writing to MPs and much more.

PRAY Visit the Traidcraft website www.traidcraft.co.uk to learn more about the producers - some tell their stories in videos which also show the projects Traidcraft works with. This means that you can pray for the people who produce your tea or coffee by name.

SHARE Spread the word; if you've really enjoyed a Fairtrade product tell people about it! It might be how delicious a particular flavour of chocolate is or the scent of the handwash. We can spend a lot of time being negative about things so let's tell some positive stories.

We would love to hear how you get on – why not leave a message on our Facebook page or tell us about it at the stall? I'm going to be making a Fairtrade resolution too and I'll be using the Facebook page to talk about it – so keep an eye on it if you want to know more!

Shelly Dennison

PS - a huge thank you to all of you who over the last year have bought anything from the stall, signed postcards, donated carrier bags and helped us keep going at St Mary's. We couldn't do it without your support.